

Scrotal Surgery

Wound Care

Your wound has been closed with stitches that will slowly dissolve. No stitches need to be removed. You may notice some of the stitches falling off in the bath or the shower. You may remove the dressing 48 hours after your operation.

You will have been supplied with a scrotal support which will help to prevent any swelling and should make you feel more comfortable. The support should be worn for four to five days. If the pain in your wound increases or the wound begins to swell, becomes reddened or discharges, you should contact your GP for advice.

Bathing

Keep the wound dry and covered for 48 hours, then, after the dressing has been removed, you can have quick baths or showers for the first week (do not soak the wound). After that return to normal.

Pain relief

You will be given some tablets to relieve pain after you get home. It is advisable to take these tablets regularly for the first few days as a small amount of discomfort is easier to manage. If you require more pain killers your GP will prescribe them for you. You are likely to experience some discomfort, often no more than a dull ache or soreness. If you feel more pain than this, and it is difficult to tolerate, please telephone your GP.

Work, driving and other activities

You can return to a non-strenuous job after a week. Strenuous and athletic activity should be avoided for about two to three weeks. You can drive a



car two to three days after your operation but you must be able to cope with an emergency stop as well as the normal movements associated with driving. Your first journey after the operation should be a short one.

Contact Details

The following contact numbers are for **advice only**.

Rockingham Day Unit, Montagu Hospital. Monday to Friday 8am to 6pm.
Telephone: 01709 321107. Out of hours (for the first night only): Urology Ward, Doncaster Royal Infirmary **01302 553150.**

Bassetlaw Day Surgery Unit, Bassetlaw Hospital
Monday to Friday 8am to 6pm. **Telephone: 01909 502560.**
Out of hours (for the first night only). **Ward B6, 01909 502254**

Doncaster Ward 20 (Male) 01302 553149

If you have any concerns or experience any problems please contact your GP or for anything urgent attend the nearest Accident and Emergency Department.



Instructions for patients following general anaesthesia

General anaesthesia can affect your co-ordination and movement. You may feel more tired than usual for a day or two and you may not be able to think clearly at times.

You should follow the instructions below for at least 24 hours after discharge from hospital.

1. You must rest for the remainder of the day. If you experience any dizziness at home during the first 24 hours - lay down with your legs elevated until the dizziness has passed.
2. You must not drive a vehicle, operate machinery, gas or electrical appliances for at least 24 hours, possibly 48 hours.
3. Do not drink alcohol for at least 24 hours after a general anaesthetic.
4. Do not take tranquillizers or sedatives for the first 24 hours unless you have been told to do so.
5. You will have been given some tablets to relieve the pain after you get home. There may be more than one kind. Take these as instructed.
6. You may eat and drink as normal, if nausea has passed.
7. You should arrange for a responsible adult to stay with you overnight.
8. Increase daily activities gradually, do not do too much too soon.

If you have any concerns or experience any problems please contact your GP or for anything urgent attend the nearest Accident and Emergency Department.



Patient Advice & Liaison Service (PALS)

PALS staff are available to offer advice or information on healthcare matters. The office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email. PALS staff can also visit inpatients on all Trust sites.

The contact details are:

Telephone: 01302 553140 or 0800 028 8059

Email: pals.dbh@dbh.nhs.uk.

Day Surgery

