Welcome to the ward

During your stay in hospital the Multi-Disciplinary Team will be working with you and your family/carers to plan your discharge.

Most people are able to return to their own homes straight from hospital. However, it may be necessary for you to be transferred to another ward or hospital for further rehabilitation.

You and your family/carer can assist us with this by:

• Bringing in suitable clothes and footwear to enable you to get dressed daily
• Informing us of any concerns you may have about your discharge.

As part of your rehabilitation you will be expected to:

• Sit out in the chair for all meals
• Use the bathroom facilities
• Walk out to the toilet (with assistance if required)
• Work with the nursing staff to help achieve goals set by your physiotherapist and OT.

The date we are aiming for your discharge from hospital is:

................................................................................................................................

Your discharge plans will be continually reviewed and updated appropriately during your stay on the ward.