

AHPs in South Yorkshire and Bassetlaw Working Together Mental Health Services

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MENTAL HEALTH

SOME KEY FACTS

- 1 in 4 adults experience at least one diagnosable MH problem in any given year
- MH problems represent the largest single cause of disability in UK
- Cost to the economy is estimated at £105 billion a year
- Half of all MH problems have been established by the age of 14, rising to 75% by age 24
- One in ten children aged 5-16 has a diagnosable problem such as conduct disorder, anxiety disorder, ADHD or depression
- Children from low income families are at highest risk, 3 times that of those from the highest

MENTAL HEALTH SOME KEY FACTS

- One in Five Mothers suffers from depression, anxiety and in some cases psychosis during pregnancy or in first year after childbirth
- People with SMI are at risk of dying on average 15-20 years earlier than other people
- People with (physical)LTCs suffer more complications if they also develop MH problems
- Stable employment and housing are both factors contributing to someone being able to maintain good MH

MENTAL HEALTH SOME KEY FACTS

- Only half of veterans of the armed forces experiencing MH problems like PTSD seek help from the NHS
- One in Five older people living in the community and 40% of older people living in care homes are affected by depression
- People in marginalised groups are at greater risk, including BAME people, LGBT people, disabled people and people who have had contact with the criminal justice system
- As many as nine out of ten people in prison have a MH, drug or alcohol problem
- Suicide is rising

PRIORITY ACTIONS FOR THE NHS BY 2020/21

- Supporting people experiencing a mental health crisis
 - Expand Crisis Resolution and Home treatment Teams to ensure that a 24/7 community based mental health crisis response is available in all areas (as an alternative to an acute inpatient admission)
 - As a step towards a 7 day NHS for people's MH ensure that "Core 24" liaison MH services are available in up to half of acute hospitals
 - Reduce suicides by 10%

PRIORITY ACTIONS FOR THE NHS BY 2020/21

- Improving responses to mental and physical needs
 - 280,000 more people living with SMI have their physical health needs met
 - People supported in specialist older age physical health services have access to liaison MH teams
 - All MH Inpatient units and facilities to become smoke free by 2018
 - New Models of care should look to develop integrated care adequately to reflect the MH needs of people with (physical) LTCs
 - Invest to increase access to integrated psychological therapies for people with anxiety and depression
 - Address co-morbidity issues for people with D&A addiction

PRIORITY ACTIONS FOR THE NHS BY 2020/21

- Transforming care for Children & Young People
 - Resource and implement Future in Mind
 - CYP local transformation plans – refresh and integrate into STPs (ACSs)
 - New Models of care for 16-25 year olds
 - Develop better transitional services
- Improve perinatal MH services
 - More women able to access mother & baby unit care
 - Specialist teams in Communities
 - Psychological therapies

PRIORITY ACTIONS FOR THE NHS BY 2020/21

- Access standards
 - Care pathways, quality standards and guidance to be developed and published
 - At least 60% of people experiencing a first episode of psychosis to have access to NICE approved care packages within 2 weeks of referral
- Acute and Secure Care
 - Least restrictive manner of care is provided
 - As close to home as possible
 - Eliminate all out of area inpatient care
 - Review of the MH Act

PRIORITY ACTIONS FOR THE NHS BY 2020/21

- Tackling inequalities in access and outcomes
 - Tackle unwarranted variations in care
- Supporting Employment
 - Seen as a crucial health outcome
 - Expand access to Individual placement and support (IPS)

MH&LD WORK STREAM SY&B ACS

- So what's happening here?
 - Plans in place to support the 2020/21 MHFYFV Priorities
 - Core 24 Liaison services – Sheffield, Rotherham
 - Integrated MH & physical health needs being supported via CQUIN
 - IAPT Bid supported for Sheffield – LTC
 - Integrated teams (across organisational boundaries too!)

MH & LD WORK STREAM SY&B ACS

- IPS supported across Sheffield City Region
- Health & Work Champions in Trusts
- Employment opportunities & Pop Up Vocational clinics
- Flourish Enterprise – provides vocational pathways
- Well being and recovery education
- Social Prescribing Schemes
- Peer Support