

Having your catheter removed - Trial without catheter (TWOC)

Your doctor has requested your catheter be removed to determine whether you are able to pass urine normally.

Please ensure that your bowels are working normally and you are not constipated. If you are constipated, this may cause you to be unable to pass urine following removal of the catheter. Male patients may need to start taking medication to help the prostate relax prior to TWOC.

This will be discussed with you during a consultation. Your catheter will be removed in clinic and you will be asked to drink every 30 minutes.

Each time you need to pass urine, you will be advised to inform the nurse, so that you can attempt to pass urine into a machine which measures your flow rate and volume passed. A bladder scan will be done after you have passed urine to see if your bladder is empty.

If you are able to pass urine with no difficulties after around three flow rates, you will be discharged home.

If you are unable to pass urine or unable to fully empty your bladder when you pass urine, the nurse will discuss clean, intermittent self-catheterisation and you will be shown how to do this yourself so the urine can be drained. Catheters will be ordered and delivered to your home, and you will be given full verbal and written instructions, along with the specialist nurses contact number.

Sometimes self-catheterisation is not possible and another indwelling catheter would need re-inserting into your bladder.

Please bring with you to clinic any medication you may need.



For further advice or information, please contact:

Urology Suite, Doncaster Royal Infirmary, Tel: 01302 642535

Patient Experience Team

The team are available to help with any concerns/complaints you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

The contact details are:

Telephone: 01302 642764 or 0800 028 8059

Email: dbth.pals.dbh@nhs.net

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