



After your Gastroscopy (without sedation)

You have had a gastroscopy and are unlikely to suffer any serious side effects. You may have a sore throat, but this should only be slight and will pass quickly. On coughing and blowing your nose, you may experience a slight blood loss. This is nothing to worry about and should settle quickly.

NB: Severe pain in the neck, chest or abdomen should be reported immediately to the Endoscopy Unit, or to your own doctor.

After treatment

- Do not have anything to eat or drink for 15 minutes.
- To begin with just have some cold sips of cold water.
- You may then eat and drink normally.

Contact Details

If you need any further advice between the hours of 8.00am to 6.30pm, (Monday - Friday), please contact the Endoscopy Unit where you have had your procedure done on the telephone numbers below:

Doncaster Royal Infirmary, Tel: 01302 644167

Bassetlaw Hospital, Tel: 01909 572017

Alternatively, contact your General Practitioner. If you need urgent advice out of hours, please contact Accident & Emergency on the telephone numbers below:

Doncaster Royal Infirmary, Tel: 01302 366666

Bassetlaw Hospital, Tel: 01909 572042

Follow up

Own GP Outpatient department

Follow-up appointment (date):

Medication: