

# Cold Coagulation to the Cervix

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Cold Coagulation is used to treat women with abnormal cells on the cervix (neck of the womb) with a heated probe.

## What are the benefits of having Cold Coagulation?

This procedure destroys abnormal cells on your cervix. It is used after having an abnormal HPV screening sample and reduces bleeding from the cervix (for example, after sexual intercourse).

## How is it performed?

Cold coagulation is performed in an outpatient clinic. A speculum is inserted into the vagina so that the cervix is visible, similar to when you have a cervical smear. A heated probe is placed on the cervix for under 2 minutes. Anaesthetic is not required for cold coagulation.

## What should I expect after the procedure?

It is normal to have some blood-stained/watery discharge from your vagina for up to 4 weeks. This is part of the normal healing process. Therefore, if you are due to go on holiday within 4 weeks of your treatment, please inform the nursing staff.

Do not use tampons, have sexual intercourse, go swimming or use a Jacuzzi for 4 weeks after the procedure. You should be able to return to work and resume normal activities the day after the procedure.

## Are there any risks to this procedure?

Complications are very rare but you may get an infection in the area that was treated.

If you notice heavy bleeding, discharge that smells unpleasant, a fever, or ongoing lower abdominal pain, you may have an infection. Please speak to your GP or colposcopy clinic for advice as you may need antibiotics.

If you have a problem or concerns or require further advice, please contact us on:

**Doncaster Royal Infirmary:**

Gynaecology Outpatient Clinic 01302 642808

Ward G5 01302 642650

**Bassetlaw Hospital:**

Gynaecology Outpatient Clinic 01909 572214

Ward B6 01909 572254.

**Patient Advice & Liaison Service (PALS)**

The team are available to help with any concerns, complaints or questions you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

**The contact details are:**

**Telephone:** 01302 642764 or 0800 028 8059

**Email:** [dbth.pals.dbh@nhs.net](mailto:dbth.pals.dbh@nhs.net)