

Discharge from Hospital

If you are being discharged from hospital where you have tested positive or are suspected of having Covid-19, please go directly home and Self Isolate.

- Stay at home for fourteen days from when your symptoms started
- If after fourteen days you feel well and do not have a temperature, you do not need to continue to self-isolate.
- If you do have a temperature and still feel unwell, keep self-isolating until your temperature returns to normal and you feel well.
- You do not need to continue to self-isolate if you only have a cough after your fourteen days, as the cough can last for several weeks after the infection has gone.
- If you live with others, these household members must isolate for 10 days from the onset of your symptoms. Please refer to Public Health England (PHE) website for guidance and further information.
- If you live with someone vulnerable, then you need to be able to continue your isolation period away from this person as much as possible to protect them. Prior to discharge you may be re-swabbed.
- If you feel too unwell to stay at home, or your symptoms get worse, then use the NHS 111 online coronavirus (Covid-19) service. If you do not have internet service then call NHS 111. In the case of a medical emergency call 999.

Remember to wash your hands regularly and maintain a safe distance from other household occupants until you have completed your fourteen day isolation period.

Patient Advice & Liaison Service (PALS)

The team are available to help with any concerns, complaints or questions you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

The contact details are: Telephone: 01302 642764 or 0800 028 8059

Email: dbth.pals.dbh@nhs.net

