

Doncaster & Bassetlaw Medicines Formulary

Section 6.4.1.1: Oestrogens and HRT

HRT (Women without a uterus):

Elleste Solo 1mg and 2mg Tablets

Elleste Solo MX 40mg and 80mg Patches

HRT (Women with a uterus):

Elleste Duet 1mg and 2mg Tablets

Evorel Sequi Combination Pack (Patches)

Bleed free HRT

Elleste Duet Conti Tablets

Evorel Conti Patches

Section 6.4.1.2: Progestogens

Medroxyprogesterone 2.5mg, 5mg and 10mg Tablets

Norethisterone 5mg Tablets

Section 6.4.2: Male Sex Hormones and Antagonists

Cyproterone Acetate 50mg Tablets

Finasteride 5mg Tablets

Approved by Drug and Therapeutics Committee: February 2018

Review Date: February 2022

Prescribing Guidance:

Hormone Replacement Therapy –

Local Guidance can be downloaded via:

<http://medicinesmanagement.doncasterccg.nhs.uk/wp-content/uploads/2018/01/HRT-flowchart-V5-0.docx>

MHRA Guidance: Further information on the known increased risk of breast cancer with HRT and its persistence after stopping is available via:

<https://www.gov.uk/drug-safety-update/hormone-replacement-therapy-hrt-further-information-on-the-known-increased-risk-of-breast-cancer-with-hrt-and-its-persistence-after-stopping>

KEY: [UL] Unlicensed Preparation; **Drug** – first line choice; **Drug** – hospital only; Drug – **Amber** (TLS), **Drug** – Red (TLS), see <http://medicinesmanagement.doncasterccg.nhs.uk/>

Prescribing Cautions (Finasteride):

- Women of child bearing potential should avoid handling crushed or broken Finasteride tablets
- Finasteride is excreted in semen. Condoms should be worn if sexual partner is pregnant or may become so

Items for Restricted Prescribing:

Testosterone products are prescribable by specialists for the following indications:

- Testosterone deficiency in hypogonadism or pituitary disease
- Diabetic patients with erectile dysfunction who have confirmed testosterone deficiency (see also [BSSM Guidelines](#))

The following products are available, chosen by patient preference:

Gel

Testogel

Tostran

Injection

Testosterone enantate 250mg/ml injection

Testosterone undecanoate (Nebido)