

# After your Bronchoscopy

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You have had a bronchoscopy and are unlikely to suffer any serious side effects. On coughing and blowing your nose you may experience a slight blood loss, this is nothing to worry about.

You will feel sleepy for the rest of the day, and you may have a sore throat for one or two days.

Following the procedure you will have been offered a drink after an hour. Please follow these instructions:

- If you have had no adverse reaction then you may eat and drink normally.

## Discharge Home

You will be able to go home once a nurse has ensured that you are ready to do so.

The nurse will discuss any discharge advice and any future appointments with you.

You are advised to rest for the remainder of the day.

You should be able to return to work **24 hours** after your bronchoscopy.

Please remember that if you have had sedation, **for 24 hours:**

- Do not drive.
- Do not drink alcohol.
- Do not operate machinery.
- Do not sign any legal documents.
- Do not take sleeping tablets on the same night as the procedure.
- Do not smoke for four hours, as your reactions will be much slower.
- Take care near the oven and kettle.

## Contact Details

If you need any further advice between the hours of 8.00am to 6.30pm, please contact the Endoscopy Unit where you have had your procedure done on the telephone numbers below:

- **Doncaster Royal Infirmary, Tel: 01302 644167**
- **Bassetlaw Hospital, Tel: 01909 572017.**

Alternatively, contact your General Practitioner. If you need urgent advice out of hours, please contact Accident & Emergency on the telephone numbers below:

**Doncaster Royal Infirmary, tel: 01302 366666 Ext. 3131**  
**Bassetlaw Hospital, tel: 01909 5002048/5002148**

## Patient Advice & Liaison Service (PALS)

The team are available to help with any concerns, complaints or questions you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary.

Contact can be made either in person, by telephone or email.

### The contact details are:

**Telephone:** 01302 642764 or 0800 028 8059

**Email:** [dbth.pals.dbh@nhs.net](mailto:dbth.pals.dbh@nhs.net)