

Pain Management

Patient Initiated Follow-Up

The hospital now allows you to make your own follow up appointment if you have already agreed with your clinician to be reviewed under the Patient Initiated Follow Up pathway.

Details of how you can do this can be found below.

What is 'Patient Initiated Follow Up'?

You may see this referred to as PIFU. Patient Initiated Follow Up puts you in control.

Most patients with long term conditions do not need regular follow up by the hospital team. Some patients are glad to stop coming to appointments, while other patients feel anxious about losing regular contact with the hospital.

Patient Initiated Follow Up puts you in control of your follow-up care. You can contact the service directly to book an appointment if you feel concerned. You have a set period of time to contact the service.

Your GP will be informed that you have been given a patient initiated follow up and the time you have to access the service before you will be discharged.

Everyone has different feelings when they no longer need to be seen regularly by their clinical team.

Patient Initiated Follow Up will give you direct access for review should this be needed within the following 6 months, for the same condition you are currently seeing your clinician for.

If you are feeling unwell or have other worries, your family doctor (GP) is still your first point of contact.

How do I book a Patient Initiated Follow Up?

There are two ways you can the contact Pain Management Unit, between the hours of 9am and 4pm Monday to Friday:

1. You can call on: 01709 649040
2. You can email via dbth.painmanagementadmin@nhs.net

You do not need a referral from your GP if your last appointment was with us in the last 6 months.

Who will I speak to if I call for Patient Initiated Follow Up?

Your call / email will be answered by the administration team. They will ask you for your full name and your hospital number.

You can get this form any of the letters you've received from us.

We will then be able to look into your records and if you need a further appointment with a member of our team, they will arrange this for you.

If you would prefer a telephone consultation, instead of travelling to the hospital, this can be arranged too.

If you have been booked into a PIFU appointment and you decide your appointment is no longer needed, it is very important that you cancel your appointment before the day, if at all possible, so that it can be given to someone else.

Patient Advice & Liaison Service (PALS)

The team are available to help with any concerns, complaints or questions you may have about your experience at the Trust. Their office is in the Main Foyer (Gate 4) of Doncaster Royal Infirmary. Contact can be made either in person, by telephone or email.

The contact details are:

Telephone: 01302 642764 or 0800 028 8059.

Email: dbth.pals.dbh@nhs.net